2020 New York State Winter Track & Field Championships Ocean Breeze, Staten Island, New York March 7, 2020

Dear Athlete and Parent:

Congratulations on qualifying for the 2020 New York State Winter Track & Field Championships. You should be extremely proud of this accomplishment. The meet is being held at Ocean Breeze, Staten Island, New York. Transportation will be provided by Section XI. Athletes must use the transportation provided by Section XI. The only exception to this will be a contestant who may return with his/her parents if the request is made in writing by the parents and submitted to one of the Section XI chaperones.

Athletes will not be allowed on the bus without the enclosed <u>"Travel Permission Slip"</u> filled out and presented to the supervisor at the bus departure site. Any violation of Section XI regulations will result in the athlete being disqualified from the meet and the athlete being sent home at the parents expense.

Athletes are encouraged to bring meal money or a lunch. Athletes must bring their school issued shorts, running shirt and sweats. Only 1/4 inch spikes are permitted and you must supply your own starting blocks.

Congratulations and best of luck at the New York State Championships.

Tony Toro (Track Chairman)

Tentative Itinerary

Saturday, March 7, 2020

5:45 AM	Leave from LIE exit 63 (no radios permitted)	Park & Ride (North side of 495) Behind Applebee's - McDonald's
6:00 AM	Leave from LIE exit 53 (no radios permitted)	Wicks Road Park & Ride
5:00 PM	Departure from Ocean Breeze	
7:00 PM	Arrive at exit 53 (call parents once you are on Long Island Expressway)	
7:15 PM	Arrive at exit 63	